



5 SESSIONS PITCHING CLINIC



Softball Saskatchewan is utilizing Softball Canada’s National Pitching Program, CANpitch! It was created to provide a nationally standardized curriculum based on Softball Canada’s Long-Term Player Development (LTPD) framework to introduce and develop the skill of windmill pitching to players. This program is designed for the FUNdamentals stage, the Learning To Train stage, and the Training To Train stage. **Please note: we are offering this clinic to 8-16 year olds.**

The program will run in **Warman** on the following Wednesdays: February 7th, 14th, 21st, 28th, March 7th, 2018 from 6:00pm – 8:00pm. Please note there are **2 different 1 hour sessions, therefore the player will be assigned a 1 hour session during that time slot each week!** Groups will be between 5-7 players per instructor.

Instructors: Jason Larnar - is a Competition Introduction Certified softball coach that had played all his minor & adult softball in Saskatoon. Jason switched to coaching after his playing years were over and coached his teams to 2 league Golds and 1 silver. Provincially they have won 1 Gold and 2 Silver medals. At Westerns they have earned a Silver and his team also attended a Canadian Championship. Jason just became trained as one Softball Sask’s CANpitch Instructors.

Adrian Laskowski – started her playing career in Learn To Play. She initially played in Saskatoon and her team won 2nd at Provincials and 3rd at Westerns. From there she finished playing her minor softball with Twin City Angels. This year Adrian started playing for the U of S Softball team which won 2nd in league play and she helped her team take home the silver medal at the University National Championship. Adrian is also a newly trained Softball Sask’s CANpitch Instructor.

Please remember to bring: a person to catch for you that isn’t in the clinic, clean indoor shoes, ball glove; filled water bottle (no soft drinks please). An indoor ball will be provided for you to use at the clinic.

A confirmation letter will be sent out after the registration deadline with group time and location. For faster response please include your email address on the registration form. Please note since this is indoor, there are limited spots available and may fill up before the deadline date.

Please Fill out the following form and either email/fax (306-780-9483) or mail it in with your registration fee of \$85.00 (non-refundable) to Softball Saskatchewan @ 2205 Victoria Ave. Regina, SK S4P 0S4. **For more information – please contact Jacqueline or Melissa at the Softball Saskatchewan office @ 306-780-9235 or info@softball.sk.ca** Registration will only be upon payment. Everyone must register through the office.

Warman Male _____ Female _____

Have you ever pitched before? _____ How many years? _____ Have you taken any pitching clinics before, if yes which one & instructor’s name (ie. CANpitch)? _____

NAME: _____ Parent/Guardian: _____

ADDRESS: _____ Town/City: _____ Postal Code: _____

Phone: H) _____ W) _____ Email: _____

BIRTHDATE: day _____ month _____ year _____ Medical Concerns: _____

My Payment Enclosed with Registration form:			
Note: Cheques or Money Orders to be made payable to SOFTBALL SASKATCHEWAN			
Method of Payment:	<input type="checkbox"/> Cheque/Money Order	<input type="checkbox"/> Visa	<input type="checkbox"/> Mastercard <input type="checkbox"/> Cash
MUST complete the following if Payment by Credit Card:			
Card No.	Card Expiry Date: /	Name on card:	

Return by January 31st, 2018 to: **Softball Saskatchewan
Pitching Clinic
2205 Victoria Ave. Regina, SK., S4P 0S4**